



DoD Course-of-Fire (9mm Version)

Start with one (1) 17-round magazine in your non-shooting hand, two (2) additional 17-round magazines into your “front” and “rear” magazine pouches, and nine (9) loose rounds provided to you by the range safety officer(s). Once directed to do so, draw your firearm and point it safely downrange then “tap,” “rack,” and holster it. (Ensure your firearm is securely “snapped in” as well.) At this point, remove the 17-round magazine from your rear pouch and retrieve one (1) round from it; place the 16-round magazine back into your empty rear magazine pouch. Now administratively remove the 16-round magazine from your firearm and insert the one (1) round from your hand into it. Complete the setup process by now securely placing the 17-round magazine you just loaded into your holstered firearm.

Stage 1: Bent Elbow Drill (30 Points)

Target Position: 1.5 Yards / 4.5 Feet

- 1 round in 2 seconds, bent elbow technique...holster;
- 2 rounds in 2 seconds, bent elbow technique...holster;
- 3 rounds in 2 seconds, bent elbow technique...holster.

Stage 2: Speed Drill (30 Points)

Target Position: 3 Yards / 9 Feet

- 3 rounds in 3 seconds, both hands extended...holster;
- 3 rounds in 3 seconds, both hands extended...holster.

Stage 3: Body Armor Drill (30 Points)

Target Position: 7 Yards / 21 Feet

- 2 rounds to the chest then 1 round to the head, both hands extended...all in 5 seconds...continue;
REMAIN AIMED IN
- 2 rounds to the chest then 1 round to the head, both hands extended...all in 4 seconds...continue.

At this point, your firearm will be empty. Remove the empty magazine from your firearm and drop it to the floor. Now conduct an emergency reload with the 17-round magazine from your front magazine pouch by performing a “tap/rack” technique then safely holstering your firearm. (Ensure your firearm is snapped in and secured in its holster.) At this point, retrieve the empty magazine from the floor and load the nine (9) loose rounds into it previously provided to you by the range safety officer(s). Complete the setup process by placing the 9-round magazine into your empty front pouch.



Stage 4: Strong Hand / Weak Hand Drill (60 Points)

Target Position: 7 Yards / 21 Feet

- 3 rounds, both hands extended...continue;
- 3 rounds, strong hand only...all in 10 seconds...holster;
- 3 rounds, both hands extended...continue;
- 3 rounds, weak hand only...all in 10 seconds...holster.

Stage 5: Tactical Reload Drill (40 Points)

Target Position: 7 Yards / 21 Feet

- 4 rounds standing, both hands extended...continue;
REMAIN AIMED IN
IMMEDIATELY COMPLETE A TACTICAL RELOAD
- 4 rounds standing, both hands extended... all in 20 seconds...holster.

At this point, drop the empty magazine you just tactically tucked to the floor, as you will not need it during the rest of the course. Complete the setup process by retrieving the 16-round magazine from your rear pouch and placing it into your empty front pouch for easier retrieval during Stage 6.)

Stage 6: Standing / Kneeling Drill (60 Points)

Target Position: 15 Yards / 45 Feet

- 6 rounds standing, both hands extended...all in 10 seconds...continue;
REMAIN AIMED IN
WAIT FOR THE SIGNAL
IMMEDIATELY GO TO THE KNEELING POSITION
COMPLETE AN EMERGENCY RELOAD IN 5 SECONDS
- 6 rounds kneeling, both hands extended...all in 10 seconds...holster.

Stage 7: Right-Side Barricade Drill (20 Points)

Target Position: 15 Yards / 45 Feet

- 2 rounds standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE RIGHT-SIDE BARRICADE
TRANSITION SAFELY TO THE KNEELING POSITION
FINGER MUST BE OFF OF THE TRIGGER
- 2 rounds kneeling, both hands extended...all in 20 seconds...holster.



Stage 8: Left-Side Barricade Drill (20 Points)

Target Position: 15 Yards / 45 Feet

- 2 rounds standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE LEFT-SIDE BARRICADE
TRANSITION SAFELY TO THE KNEELING POSITION
FINGER MUST BE OFF OF THE TRIGGER
- 2 rounds kneeling, both hands extended...all in 20 seconds...holster.

Stage 9: Two-Sided Barricade Drill (10 Points)

Target Position: 25 Yards / 75 Feet

- 1 round standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE RIGHT-SIDE BARRICADE
TRANSITION SAFELY TO THE LEFT-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER
MUZZLE OF THE FIREARM MUST BE BEYOND THE LEFT-SIDE BARRICADE
- 1 round standing, both hands extended...all in 20 seconds...continue.

At this point, your firearm will be empty. Remove the magazine from your firearm and drop it to the floor. All three (3) magazines should be on the floor at this time. Safely holster your firearm with its slide locked in the “open” position.